

AIAPGET Unani 2025 Question Paper with Solutions

Time Allowed :120 Minutes	Maximum Marks :480	Total questions :120
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General Instructions

Read the following general instructions carefully and adhere to them strictly:

1. The total duration of the exam is **120 minutes (2 hours)**.
2. The question paper consists of **120 questions**, with a total of **480 marks**.
3. The question paper includes **Multiple-Choice Questions (MCQs)** with four options for each question.
4. Each **correct answer** will carry **4 marks**.
5. For each **incorrect answer**, **1 mark will be deducted**.
6. There will be **no option shuffling** in the exam.
7. Options marked with **green color** and a check icon (✓) are **correct**.
8. Options marked with **red color** and a cross icon (×) are **incorrect**.
9. Ensure that you attempt **all questions**, as **no question is to be skipped**.
10. Use only the **provided examination tools and materials**.

1. Who is regarded as the Father of Unani Medicine?

- (A) Hippocrates
- (B) Ibn Sina
- (C) Bu Ali Sina
- (D) Jalinoos

Correct Answer: (A) Hippocrates

Solution:

Step 1: Hippocrates (Buqrat) is considered the Father of Medicine and laid the foundation of Unani principles.

Step 2: He introduced the theory of four humours (Akhlat-e-Arba'a): Dam, Safra, Sauda, and Balgham.

Step 3: Ibn Sina (Avicenna) expanded Unani medicine but Hippocrates is called the father.

Quick Tip

Father of Medicine = Hippocrates = Buqrat in Unani.

2. Which humour is hot and moist in temperament?

- (A) Dam
- (B) Balgham
- (C) Safra
- (D) Sauda

Correct Answer: (A) Dam

Solution:

Step 1: The four humours and their Mizaj are:

Dam (Blood) — hot and moist, Safra (Yellow bile) — hot and dry, Sauda (Black bile) — cold and dry, Balgham (Phlegm) — cold and moist.

Step 2: Dam governs vitality and strength.

Step 3: Therefore, Dam is hot and moist.

Quick Tip

Dam = Blood = Hot Moist.

3. Which Unani concept relates to ‘Tabiyat-e-Mudabbira-e-Badan’?

- (A) Pharmacology
- (B) Regimental therapy
- (C) Medicatrix Naturae
- (D) Temperament

Correct Answer: (C) Medicatrix Naturae

Solution:

Step 1: Tabiyat-e-Mudabbira-e-Badan means the self-preservative faculty of the body.

Step 2: It is similar to the concept of ‘Medicatrix Naturae’ in Greek — the innate power of the body to heal itself.

Step 3: It maintains balance among humours and temperament.

Quick Tip

Tabiyat = Medicatrix Naturae = natural healing force.

4. Which method is NOT a part of Ilaj Bil Tadbeer (Regimental Therapy)?

- (A) Fasd
- (B) Hijama
- (C) Dalk
- (D) Qai Lazim

Correct Answer: (D) Qai Lazim

Solution:

Step 1: Ilaj Bil Tadbeer includes Fasd (venesection), Hijama (cupping), Dalk (massage), Hammam (bath), Riyazat (exercise).

Step 2: Qai Lazim means compulsory emesis, which is part of Ilaj Bil Dawa (drug therapy) — using emetic drugs.

Step 3: Hence Qai Lazim is not pure regimental therapy.

Quick Tip

Fasd, Hijama, Dalk = core regimental therapies.

5. Which drug is called ‘Iksir-e-Badan’ (Elixir of Body) in Unani?

- (A) Asgandh
- (B) Aloe
- (C) Amla
- (D) Majoon

Correct Answer: (A) Asgandh

Solution:

Step 1: Asgandh (*Withania somnifera*) is known for strengthening, rejuvenating properties.

Step 2: It boosts vitality and is used as Tonic — hence called Iksir-e-Badan.

Step 3: Aloe is Mus'hil (purgative). Amla is cooling and anti-oxidant but Iksir-e-Badan mostly refers to Asgandh.

Quick Tip

Asgandh = Unani's Elixir = general tonic.

6. Which term denotes diseases of women in Unani?

- (A) Amraz-e-Rajul
- (B) Amraz-e-Niswan
- (C) Amraz-e-Atfal
- (D) Amraz-e-Qalb

Correct Answer: (B) Amraz-e-Niswan

Solution:

Step 1: Amraz means diseases.

Step 2: Niswan means women. Amraz-e-Niswan = diseases of women (gynecology).

Step 3: Amraz-e-Rajul = men, Amraz-e-Atfal = children, Amraz-e-Qalb = heart diseases.

Quick Tip

Niswan = women; Atfal = children.

7. Which is a popular Unani formulation for liver disorders?

- (A) Majoon Dabidul Ward
- (B) Majoon Suranjan
- (C) Majoon Jograj Guggul
- (D) Majoon Falasfa

Correct Answer: (A) Majoon Dabidul Ward

Solution:

Step 1: Majoon Dabidul Ward is a compound Majoon for liver enlargement, hepatitis, jaundice.

Step 2: It contains Dabidul Ward (rose flower) and other hepatic tonics.

Step 3: Majoon Suranjan is for arthritis. Jograj Guggul for gout. Majoon Falasfa for nervous weakness.

Quick Tip

Dabidul Ward → liver conditions.

8. Who wrote ‘Al-Qanoon fit-Tibb’?

- (A) Galen
- (B) Hippocrates
- (C) Ibn Sina
- (D) Rhazes

Correct Answer: (C) Ibn Sina

Solution:

Step 1: Ibn Sina (Avicenna) is known as the Prince of Physicians in Unani.

Step 2: He authored 'Al-Qanoon fit-Tibb' — The Canon of Medicine — a standard medical text for centuries.

Step 3: Galen and Hippocrates laid foundations but Qanoon is by Ibn Sina.

Quick Tip

Ibn Sina = Al-Qanoon fit-Tibb.

9. Which is a preventive measure in Tahaffuzi wa Samaji Tib?

- (A) Tadbeer
- (B) Ilaj Bil Dawa
- (C) Ilaj Bil Ghiza
- (D) Ilaj Bil Jarahat

Correct Answer: (A) Tadbeer

Solution:

Step 1: Tahaffuzi means preventive medicine.

Step 2: Ilaj Bil Tadbeer (Regimental Therapy) helps prevent diseases through Fasd, Hijama, Hammam, Riyazat.

Step 3: Ilaj Bil Dawa = drug therapy; Ghiza = diet; Jarahat = surgery.

Quick Tip

Tahaffuzi → prevention → Tadbeer.

10. Which is the best Unani method for chronic constipation?

- (A) Hijama
- (B) Fasd

(C) Mus'hil

(D) Riyazat

Correct Answer: (C) Mus'hil

Solution:

Step 1: Mus'hil means purgative drugs like Senna, Ispaghula.

Step 2: They help clear accumulated waste in chronic constipation.

Step 3: Hijama and Fasd are bloodletting. Riyazat is exercise, useful but Mus'hil is main approach.

Quick Tip

Constipation → Mus'hil (purgative).